

Carla Mills, BSN, MSN, FNP-C

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Education

8/94 to 12/95	University of South Florida, Tampa, FL. MSN, Family Nurse Practitioner, cum. GPA 3.7
8/82 to 5/86	Hunter-Bellevue School of Nursing, New York, N.Y. BSN, Cum Laude, cum. GPA 3.6
10/73 to 3/75	American Academy of Dramatic Arts, New York, N.Y. Associate of Occupational Studies

Professional Experience

2004 to present	Private Practice – Internal Medicine	Naples, Florida
10/04 to present	with Diane Brzezinski, DO, FACOI	FNP-C
2001 to 2004	R.A.S. Medical Associates	Naples, Florida
11/01 to 8/04	Willough at Naples Hospital	FNP-C
2001	Naples Urgent Care	Naples, Florida
1/01 to 11/01	Walk-in Urgent Care Center	FNP-C
1997 – 2001	Naples Community Hospital	Naples, Florida
5/97 to 1/01	Emergency Department	FNP-C
1996 – 1997	Anchor Health Centers	Naples, Florida
4/96 to 4/97	with John R. Diaz, MD, ABFP	FNP-C
1995 – 1996	Columbia Hospital, Corp.	Ft. Myers, Florida
4/95 to 3/96	Able Care Home Health	Part Time Per Diem RN
1989 – 1995	Lee Memorial Hospital	Ft. Myers, Florida
7/94 to 3/95	Rehabilitation Dept.	Part Time Staff RN
3/90 to 7/94	Lee Memorial Home Health	RN Case Manager
5/89 to 3/90	Emergency Department	Staff RN

<u>1988 – 1989</u>	<u>Beekman Downtown Hospital</u>	<u>New York, N.Y.</u>
10/88 to 2/89	MICU, CCU, and Recovery Room	Per Diem Float RN

<u>1986 – 1989</u>	<u>Bellevue Hospital</u>	<u>New York, N.Y.</u>
5/88 to 4/89	Main ED, ED ICU, Trauma	Per Diem Float RN
5/86 to 5/88	Main ED, ED ICU, Trauma	Staff RN

Certifications: ANCC Certified Family Nurse Practitioner, 9/96 to 8/11
Certified Emergency Nurse, active, 4/88 to 4/92
Advanced Cardiac Life Support, 10/00 to 10/02
Instructor, AHA BCLS, 2/87 to 2/89
AHA Healthcare Provider BCLS

Professional Affiliations: American Academy of Nurse Practitioners
Nurse Practitioner Council of Collier County
Florida Nurse's Association
American Nurse's Association
Actor's Equity Association (inactive)
American Federation of Television and Radio Artists (inactive)

Professional Accomplishments:

1995 to present: Founder/President of Maverick Health Systems, Inc, a Nurse Practitioner led initiative aimed at building a *health care system* to complement the current *sick care system* on which current medical care is based.

- Author of a preventive health book, A Nurse Practitioner's Guide to Smart Health Choices, which teaches comprehensive risk factor assessment and reduction strategies to non-clinicians.
- Designer of a database/software program (currently in development) with two versions; one for clinicians and another for lay people. The software identifies health risks and measures risk reduction efforts for both clinicians and patients.
- Developer of a twice piloted 12 week behavior change program whose goal is to identify and reduce health risks in individuals by means of a medically supervised program utilizing individual health counseling, serial lab and body measurements, and behavior modification training.

1997 – 2001: Clinical assistant to Dr. Robert Boyd Tober, Medical Director, Naples Community Hospital, Emergency Department and Collier County EMS

- Assistant to Dr. Tober on various projects related to Quality Assurance/Risk Management/Clinical Development activities.
- Designer of a MS Access database customized for the purpose of collecting data on emergency treatments of acute MIs in the Emergency Department. It measured patient

characteristics and door to treatment times from the time of EMS arrival in the home to intervention (either with thrombolytics or direct angioplasty) in the ER or cath lab.

- Retrospective chart reviewer (using the data captured in the database above) to analyze treatment times and outcomes of care of acute MI patients in the ED.
- Coordinator for the sharing of above mentioned data interdepartmentally both within the hospital and with EMS on behalf of NCH.
- Other QA activities included participation in a Triage redesign committee, a VQ Scan Task Force, and acting as the QA liaison between the radiology department and the ED.

Volunteer Professional Activities: Guest speaker for community groups and nursing organizations on health risk and health promotion. Founding Board member (Secretary/Treasurer) of the Nurse Practitioner Council of Collier County. Other volunteer activities have included precepting NP graduate students and serving as site supervisor and preceptor for the Naples High Executive Internship program at NCH. While in New York City, did volunteer work for both the Foundling Hospital and Bellevue Hospital prior to licensure as an RN.

Honors, Scholarships: Who's Who in American Nursing, 6th ed., '96 – '97
Nurse's Educational Fund Scholarship, '94 – '95

Interests/Hobbies: running, bicycling, yoga & meditation, nature study, theatre and literature, computer technology & the Internet, entrepreneurial business development, gardening & horticulture, competitive tennis, fishing, swimming, travel.